

VIX Values Compared to S&P Forward Expected Range

VIX Value	1 Year	1 Month	1 Week	1 Day
10	10.00%	2.89%	1.39%	0.63%
12	12.00%	3.46%	1.66%	0.76%
14	14.00%	4.04%	1.94%	0.88%
16	16.00%	4.62%	2.22%	1.01%
20	20.00%	5.77%	2.77%	1.26%
25	25.00%	7.22%	3.47%	1.57%
30	30.00%	8.66%	4.16%	1.89%
35	35.00%	10.10%	4.85%	2.20%
40	40.00%	11.55%	5.55%	2.52%
50	50.00%	14.43%	6.93%	3.15%
75	75.00%	21.65%	10.40%	4.72%
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